

## CHAPTER 13 · 3 EXERCISES

# ASSESSMENT CENTRES, TESTS AND PRESENTATIONS

*(when the interview is only one part of the day)*

Print a fresh copy for every application. The free interactive lesson for this chapters are at [attprofessionallanguageservices.com/dream-job/](http://attprofessionallanguageservices.com/dream-job/).

**TRY THIS** 15 minutes · once

## MAP THE COMPETENCIES

If you have an assessment centre invitation, list the competencies they've named. Next to each, write which exercise is most likely to test it, and what a strong performance would look like. Treat the day as several small chances, not one big test.

---

---

---

---

---

---

---

---

**TRY THIS** 10 minutes · before the day

## YOUR THREE GROUP PHRASES

Write down three phrases you'll use to help the group: one to suggest a plan, one to summarise, and one to bring someone in. Practise saying them aloud so they come naturally on the day.

---

---

---

---

---

---

---

---

## THE ASSESSMENT CENTRE REHEARSAL

Choose a likely presentation topic for your target role, or use one from the employer. Prepare a five-minute presentation using the structure above. Record yourself giving it, with a timer. Then ask a friend to ask you three questions you haven't prepared for.

---

---

---

---

---

---

---

---